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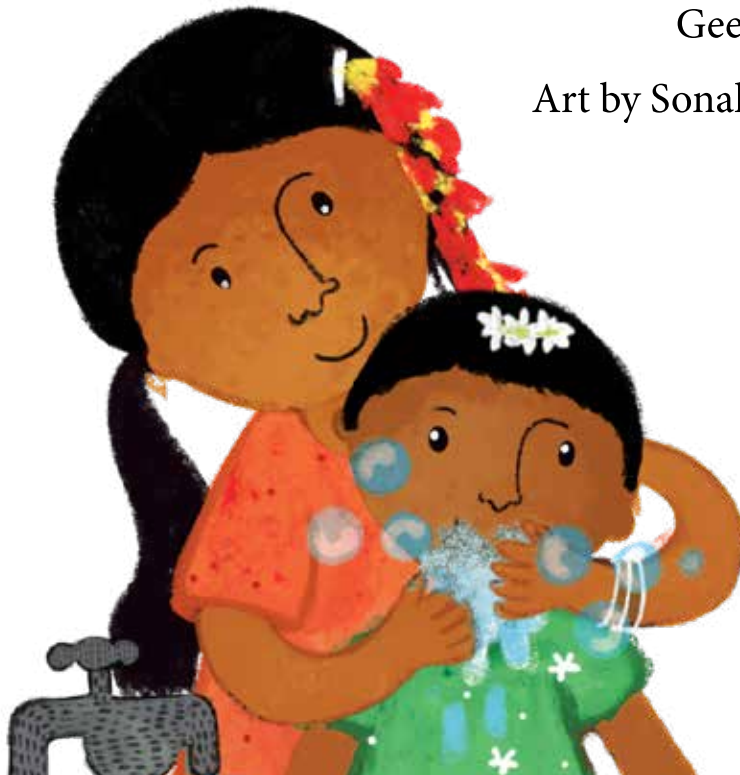


Supergirls

PLAY A TRICK

Geeta Dharmarajan

Art by Sonal Gupta Vaswani



a 300m thinkbook from Katha ਫ

This book is for my son, Neel – Sonal

Hello!
My name is Tara.
Nila is my little sister.
I love her very
much.



I teach Nila many things.
To sing and dance. To play!

To say...
Please.
Thank you!
Sorry!

Germasura has a big army of germs!

So we say

NO

to Germasura!

NO!

NO!

We play tricks on
the germ army. I'll
show you how!



This is the way we wash our hands with soap and water.



Up and down and between our fingers.

Back and front and around our wrists.

Clean hands!
We tricked you, Germs!

An illustration showing two brown hands washing a green, star-shaped germ. The germ is being held between the palms of the hands, which are covered in blue soap bubbles.

Nila and I have good friends who help us fight GERMASURAI!
Water & Soap. Toothbrush & Toothpaste. Compp!



* Hehehee!
Nila's friends
are Germasura's enemies!
YOU CAN'T FIND THEM
WITHOUT A MIRROR!

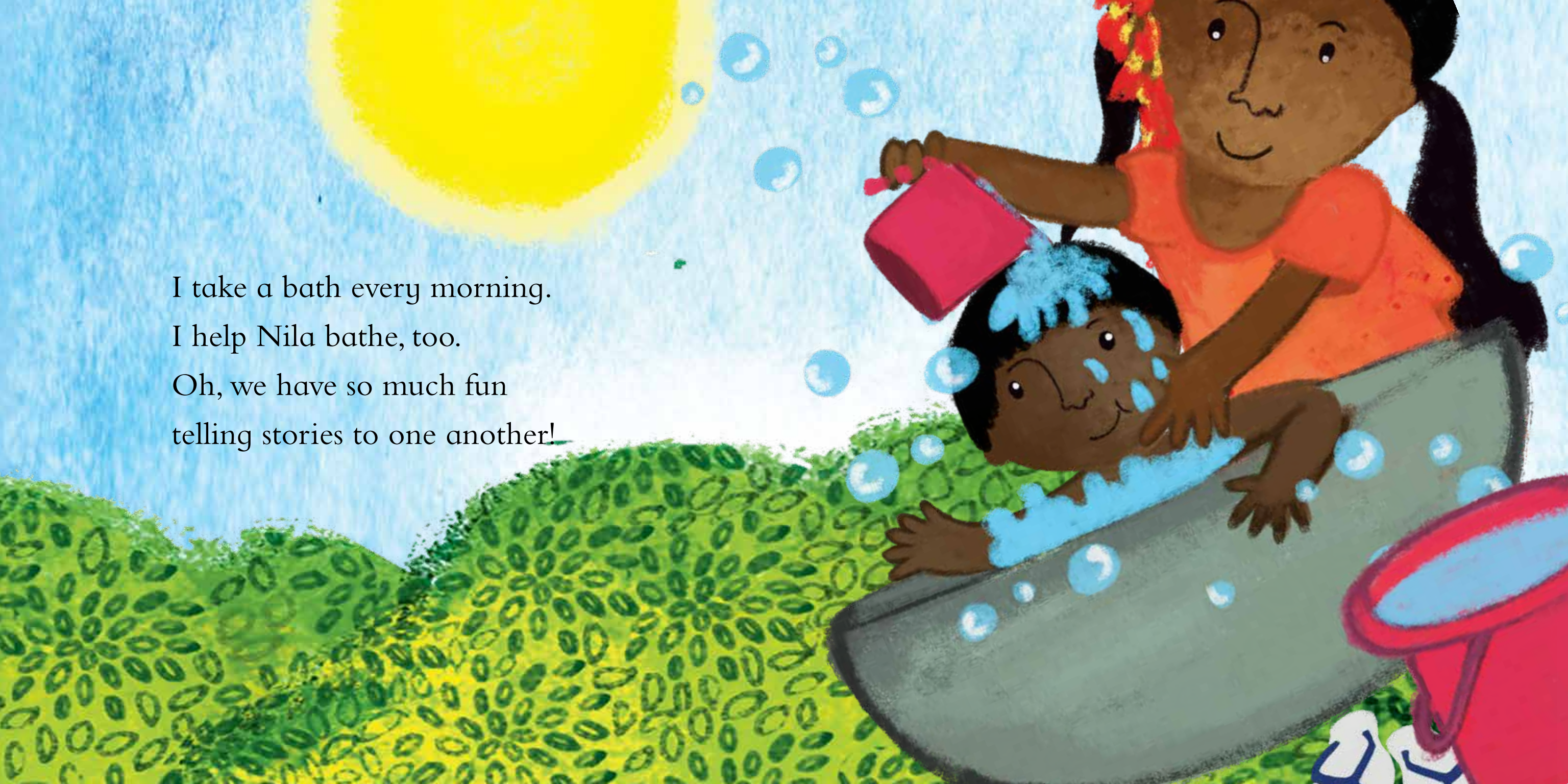




Nila and
I rinse our
mouth
after we
eat.



I take a bath every morning.
I help Nila bathe, too.
Oh, we have so much fun
telling stories to one another!



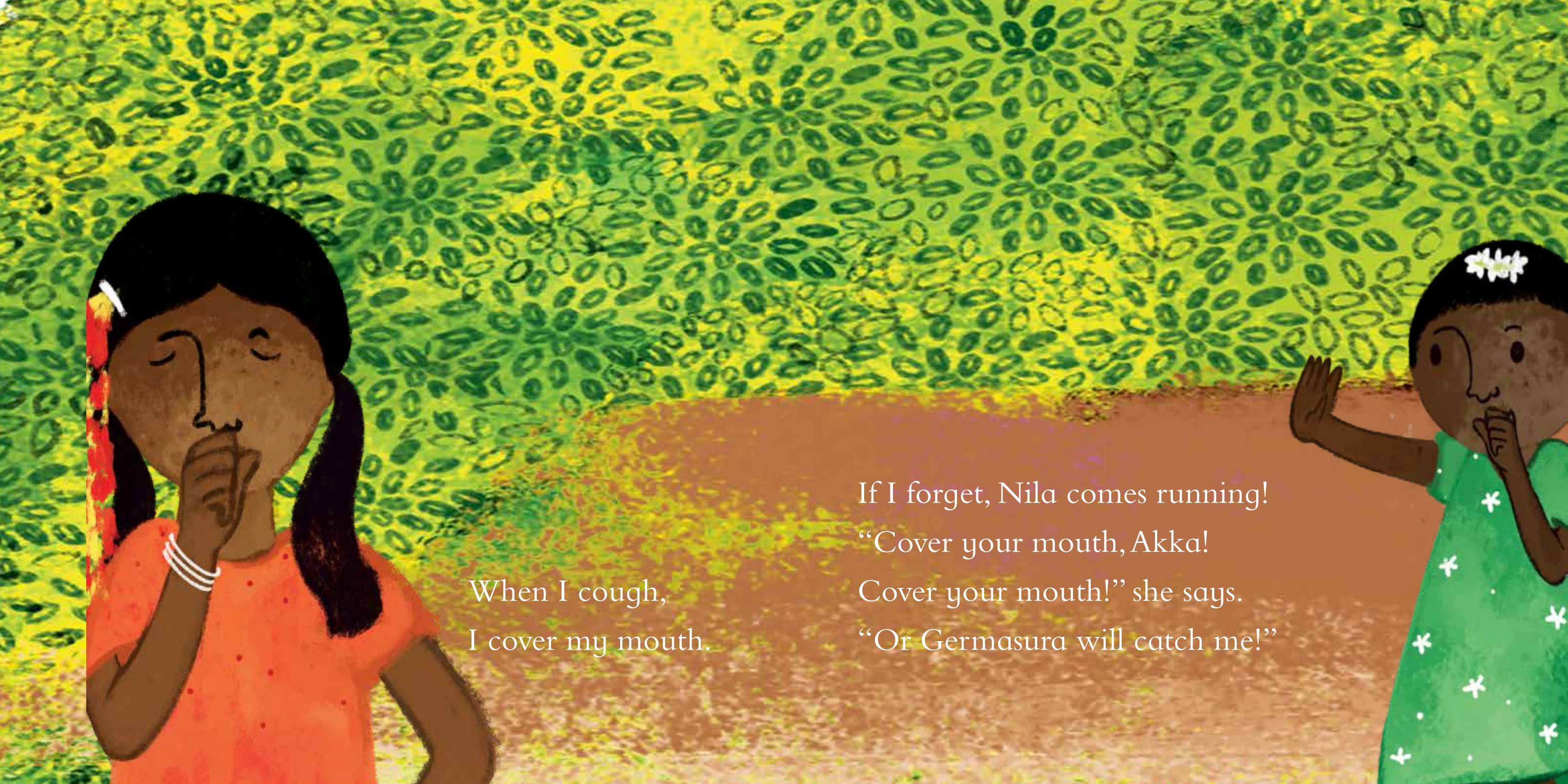


I comb my hair
every morning
and night.

I comb Nila's hair,
too. It is short, but
very soft!

Sometimes Nila looks
at my hair and says,
“Will mine grow as
long as yours?”
“Maybe,” I say,
smiling.





When I cough,
I cover my mouth.

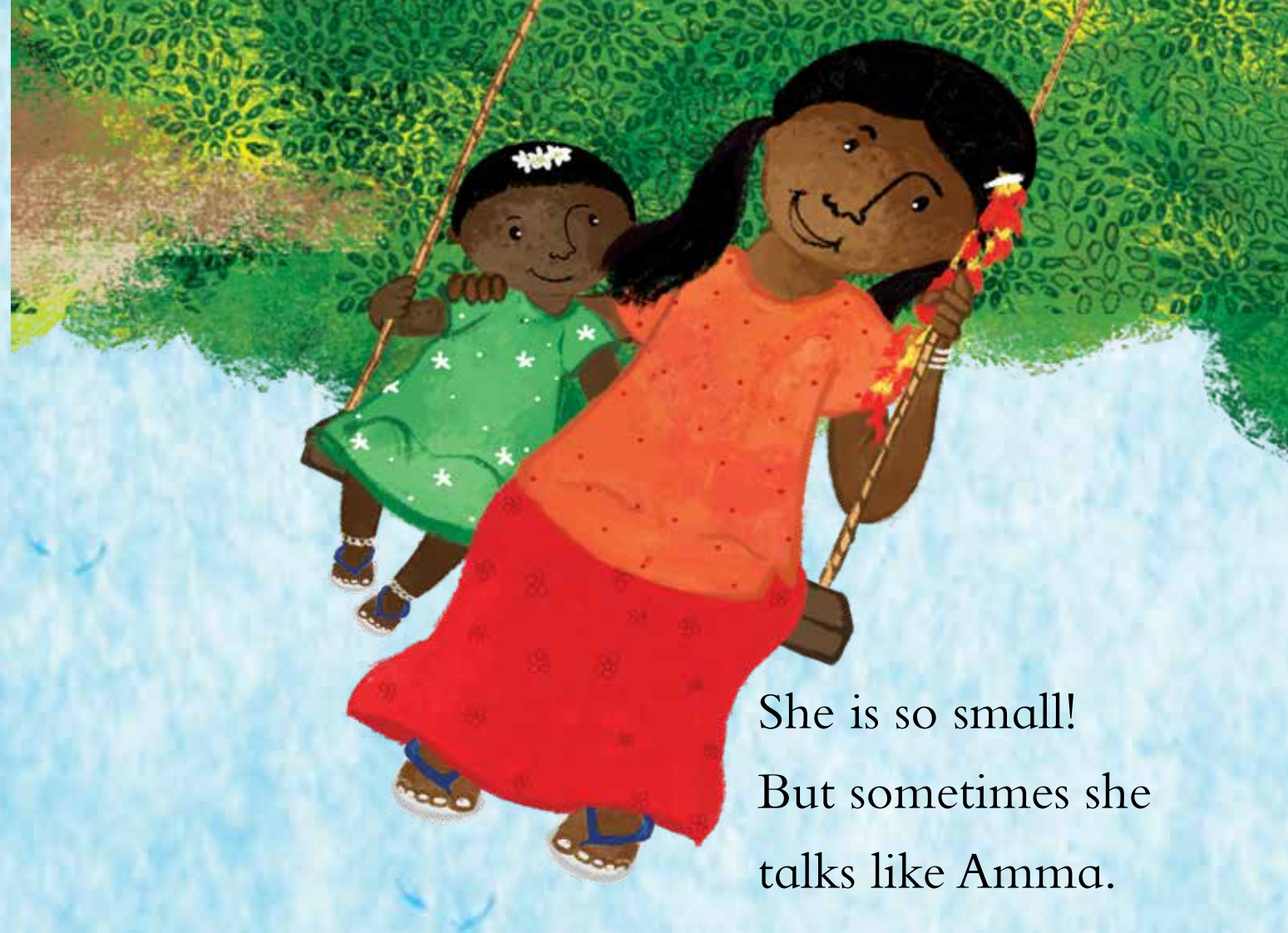
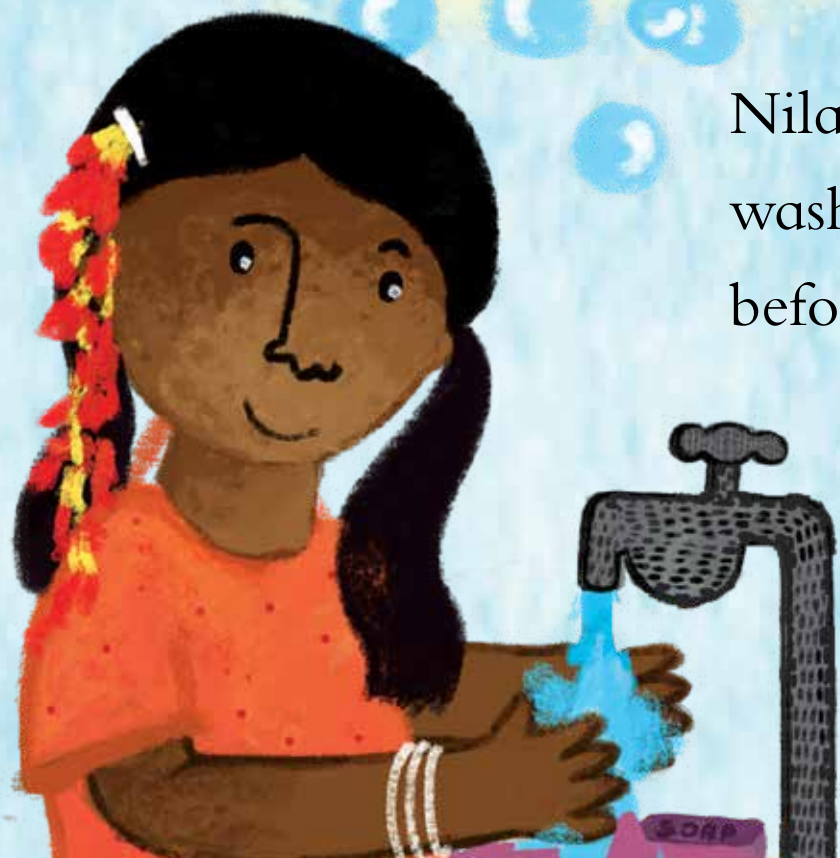
If I forget, Nila comes running!

“Cover your mouth, Akka!
Cover your mouth!” she says.

“Or Germasura will catch me!”



Nila says, “We must wash our hands before we eat!”



She is so small!
But sometimes she talks like Amma.

“You both have good habits!” Amma always says, smiling happily. She hugs us tight.

We trick the bad germs when we say,

NO to walking barefeet.



NO! to eating food that's fallen on the ground.



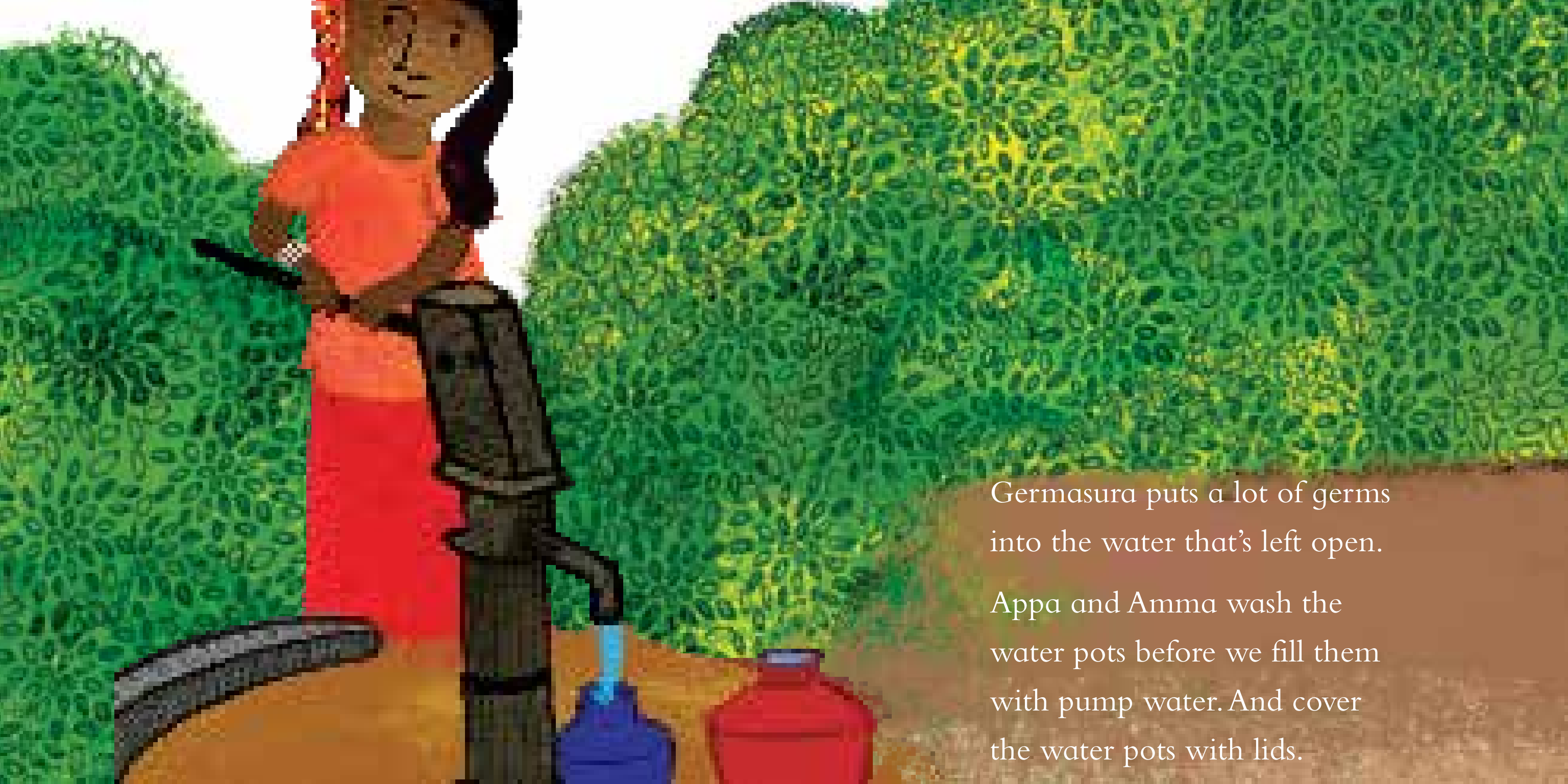
NO! to picking noses.



NO! to flies near our food.

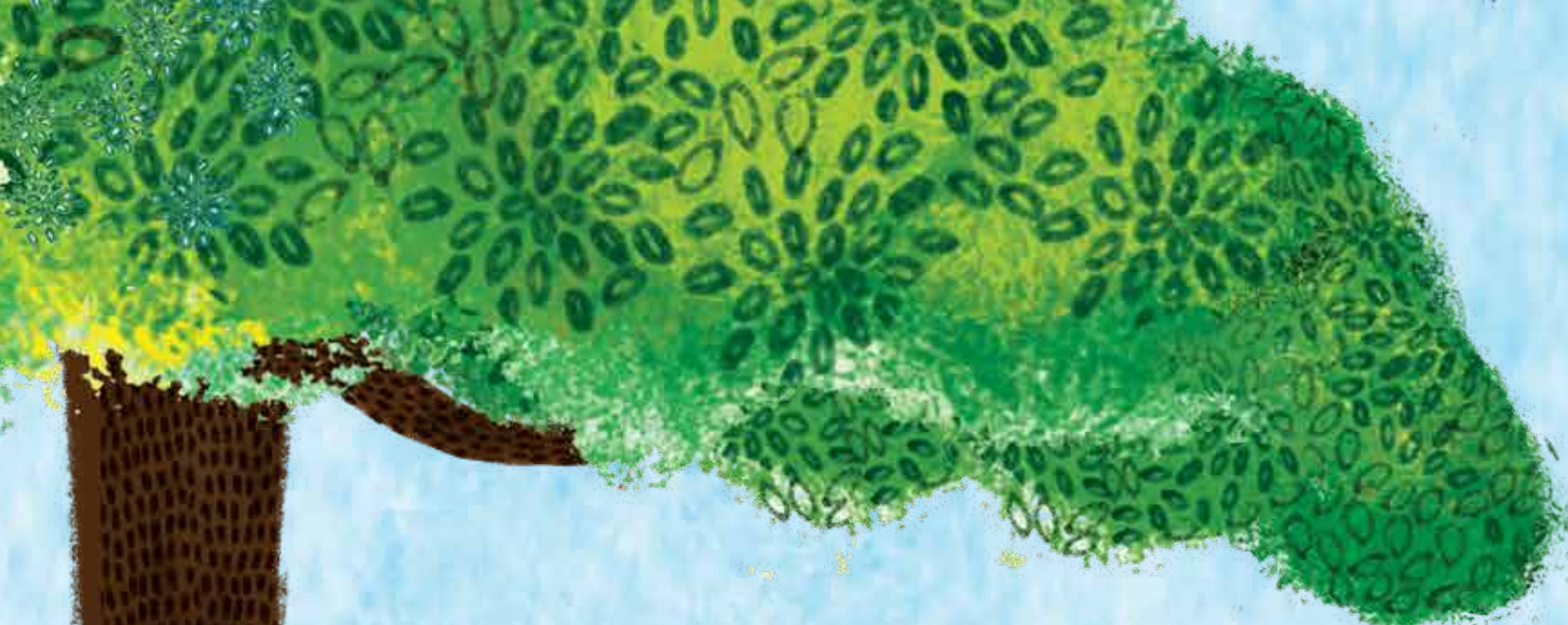
Then it is fun all the way!





Germasura puts a lot of germs into the water that's left open.

Appa and Amma wash the water pots before we fill them with pump water. And cover the water pots with lids.



Amma says, when we poop in
the open, we get tummy pain.
Nila hates stomach pain.

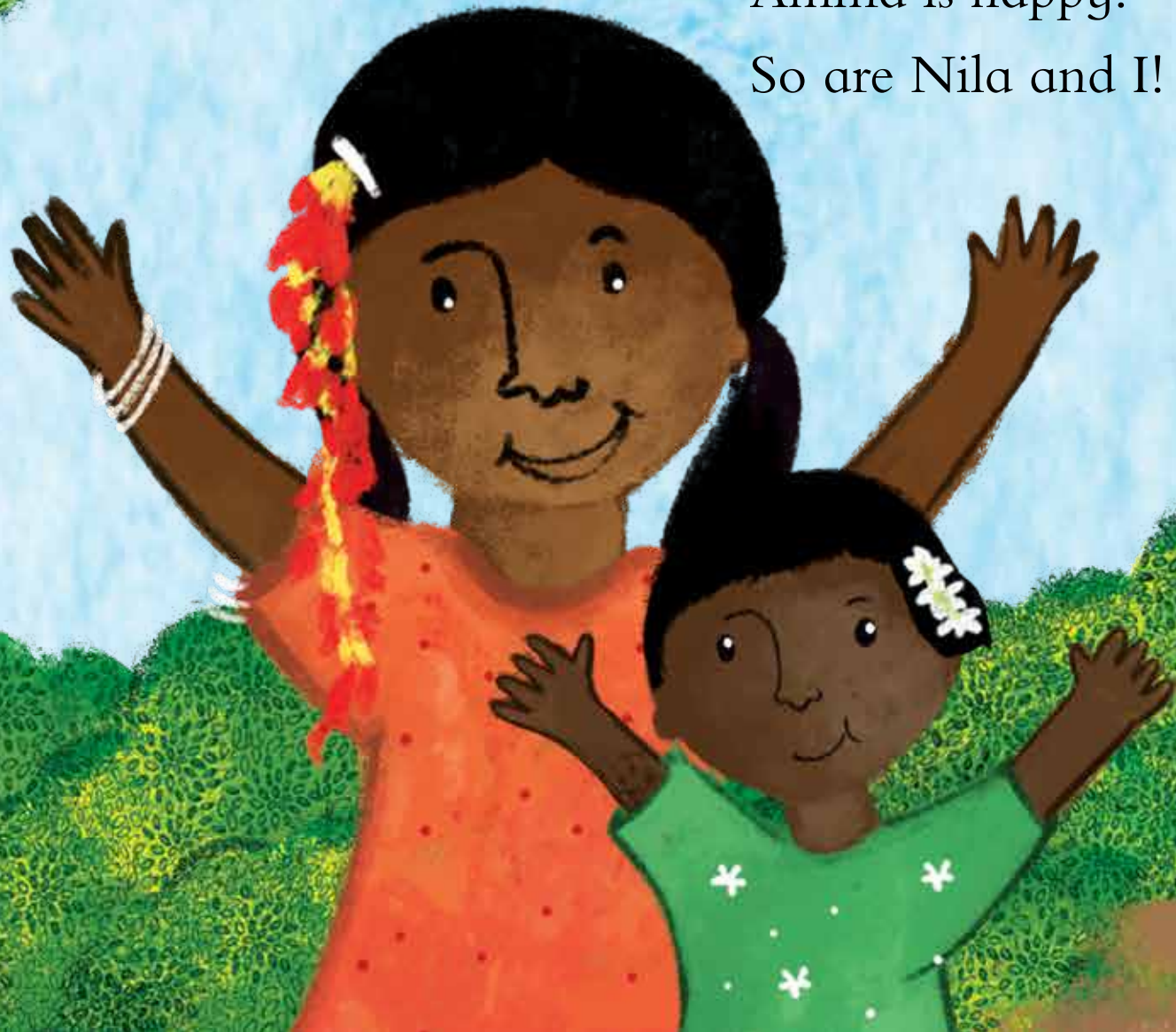
“See Appa! I walk carefully,
like a brave giant when I go
out to poop in the morning!”
Nila says.

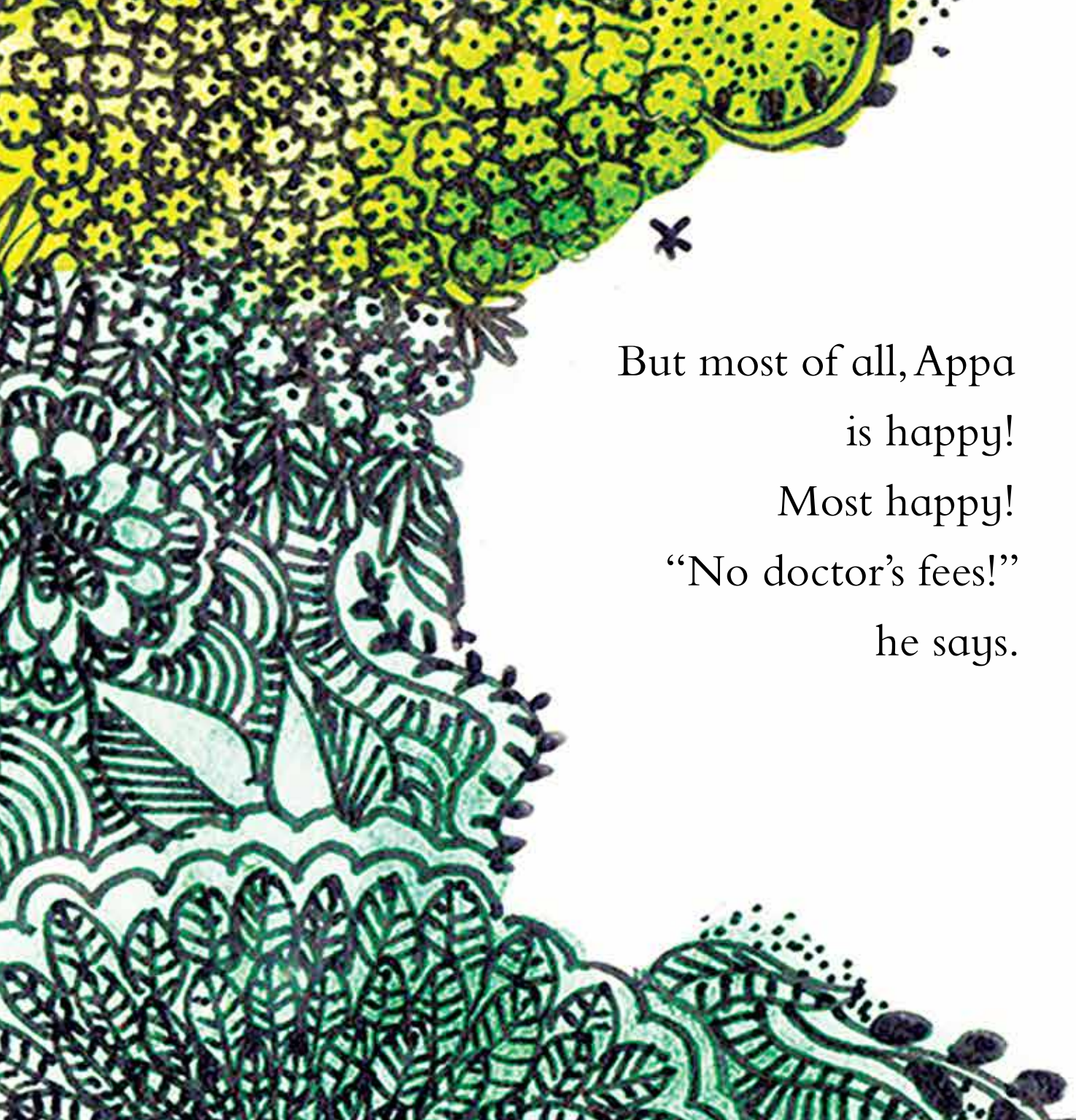
Appa feels bad.



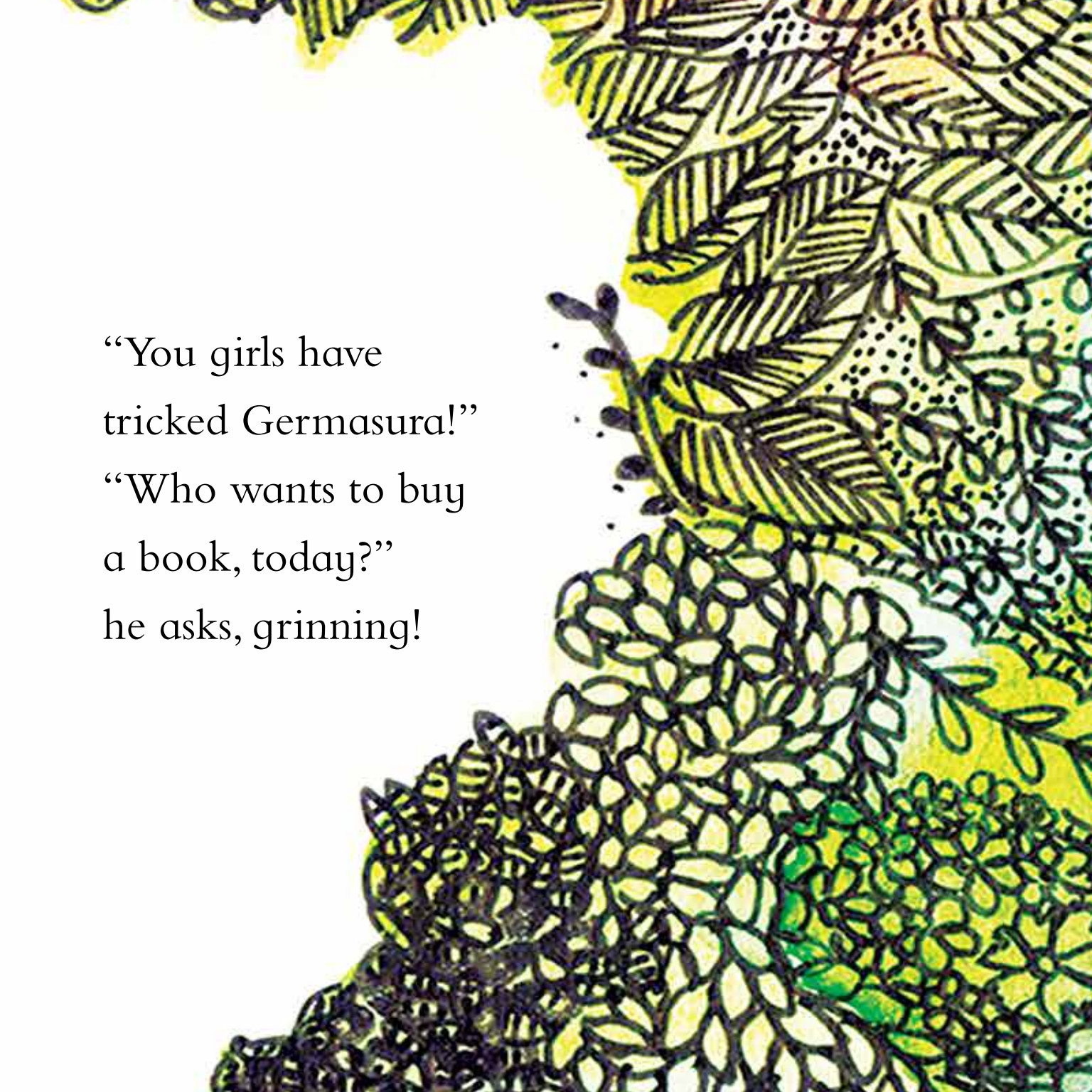
So now Appa has built a nice toilet
for us at home. Just like the one we
have in school.

Amma is happy!
So are Nila and I!





But most of all, Appa
is happy!
Most happy!
“No doctor’s fees!”
he says.



“You girls have
tricked Germasura!”
“Who wants to buy
a book, today?”
he asks, grinning!

the **TEENY WEENY MEANIES!**

Sometimes our bodies become sick. This is because some teeny-weeny things enter our bodies, quietly.

These tiny living things are called germs.

Germs are so tiny that no one can see them. If you want to, you would need a powerful microscope!

Germs can make you feel very sick. But not all germs are bad; some are good, too.

If we allow the bad germs to enter our bodies, they stay inside us. They eat up all the food we eat and can make us feel tired.

Eight out of ten diseases we catch are water-borne diseases. We catch them because we drink or wash ourselves in dirty water. But we can also catch them from people who are not well. So ...

PROTECT YOURSELF FROM BAD GERMS.

Drink water that is clean.

If someone has a cold or a cough, stay away from them till they get better.

And the best thing you can do? Wash your hands with soap and water

Germs are very, very afraid of soap and water!

Geeta Dharmarajan loves writing for children. She has authored over forty books for children. She received the Padma Shri in 2012 for her work in literature and education.

Sonal Gupta Vaswani is an artist, illustrator and an animator, based in Mumbai. She has illustrated several books for children for Fisher Price, Karadi Tales, UNICEF and Pratham.

KATHA

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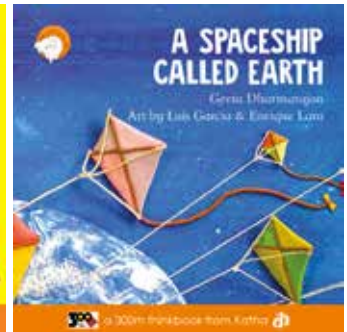
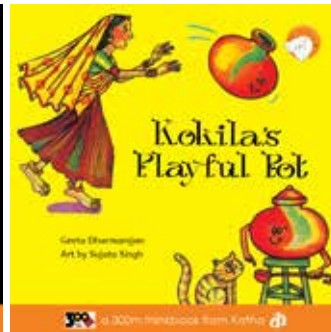
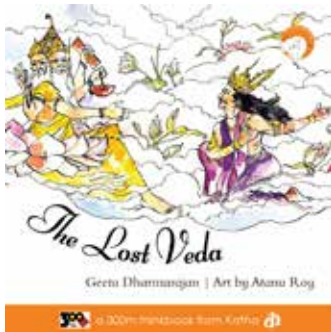
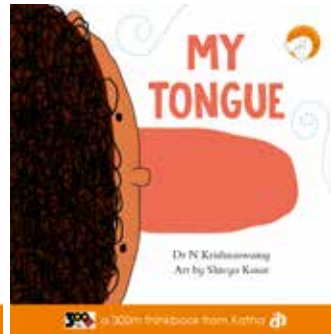
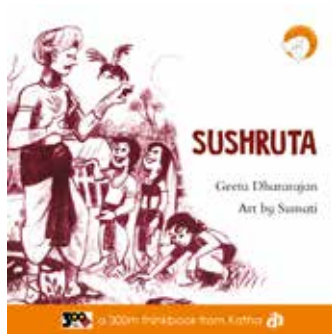
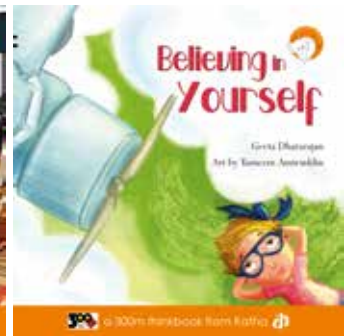
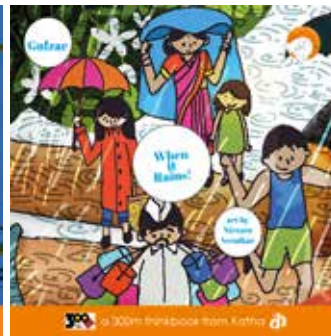
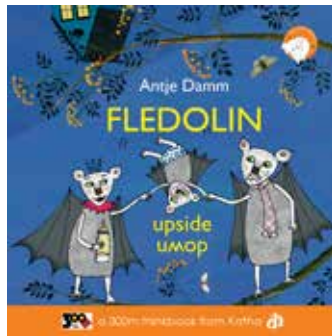
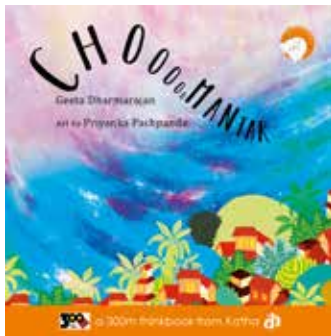
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