

# TAKE 3 ACTIONS TO FIGHT FLU



## GET YOURSELF AND YOUR FAMILY... VACCINATED!!!

A yearly flu vaccine is the first and the most important step in protecting against flu viruses..

## STOP THE SPREAD

Take everyday preventive actions to help stop the spread of flu viruses!!



## ASK YOUR DOCTOR ABOUT FLU ANTIVIRALS!!!

Take antiviral drug if your doctor prescribe them!!

