



Fostering Inclusion

SHARING IS CARING

GUIDELINES

What?

Positive social and emotional development is important. This development influences a child's self-confidence, empathy, the ability to develop meaningful and lasting friendships and partnerships, and a sense of importance and value to those around him/he

Helping children to identify and label emotions is an important first step

Why?

Children who understand and express emotions more easily have better empathetic and social skills, which can help to build relationships.

They even do better academically. Even before children enter school, they are taught which emotions are appropriate to express and how they should express them.

Interpersonal **skills** are also **important** for **children and** success in school involves both **social**-emotional and cognitive **skills**, because **social** interactions, attention, and self-control affect readiness for learning.

How?

Use the storyboard to teach.

Have games and activities.

Create scenarios to teach various emotions.

Teaching Instructions:

1. Love your child and show your affection for them.
2. Hug, cuddle, read, and talk with them throughout the day.
3. Encourage your child to try new things.
4. Help them see what they are capable of.
5. Use words to describe basic feelings like sad, happy, angry and excited.
6. Feel sorry and understand, apologise when done something wrong – although you'll probably need to keep reminding.

Do you share your toys with your friends?

Would you like to learn about what sharing is
caring?

Sharing is caring when you share what you have without asking for anything in return.



Shall we watch this video to learn them?



<https://www.youtube.com/watch?v=t-u-VGbBQP0&t=55s>

Wow! That was a good one!

Did you enjoy the story?

Awesome!



Let us do a fun activity to jog your memory
about the magic words you just heard.

Can you tell me..

1. Is sharing a good habit?
2. If you have two pencils and your friend doesn't have any, how would you help him?
3. Would you be rude or happy when your grandparents ask for any help?
4. Do you know that sharing your toys and playing is more fun?
5. What would you do if you find a person is hungry?



Answers

1. Yes! Sharing is a good habit.
2. By sharing my pencil with him.
3. No, I will help them happily.
4. Yes! It is more fun.
5. I will give him some food.

Very good!

Time to share
and care! :)



Look at the picture and point to the things that are good to share.
Make sure you do not share broken things. :)



Hope you enjoyed the activity!

Keep helping others.

Till then take care.



Happy Learning !!!