

HOW CAN I HELP MY FAMILY?

GUIDELINES

What?

Diverse family structures are more common, and children will ask questions about non-traditional families. It is important to find simple ways to teach children about diverse families. The place they live and the space and people the child shares with are important elements in a child's life.

It is important that the child understands the family and family of others before they step out.

Social **studies** (as civics, history, and geography) deals with human relationships and the way society works.

Why?

The main objective of teaching social studies is to make the child understand about the diversity and differences present in the society. This begins from the situation they live in and the situation the peer group grows up in will be different. This has to be addressed from the beginning.

This enables children to understand, participate in, and make informed decisions about their world.

It provides them with skills for productive problem solving and decision making as well as for assessing issues and making thoughtful value judgments

How?

Teach through stories and by introducing each member of the family, or caretakers the child lives with.

Introduce the neighborhood and people who live immediately next door and the relationship with the family they have.

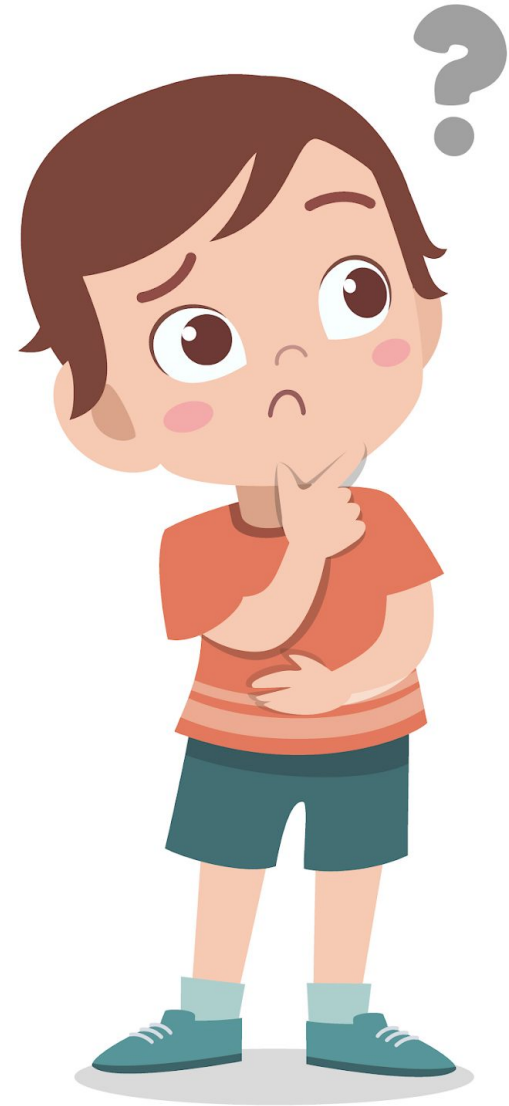
Teaching Instructions

1. Introduce children to the fact that they have to help around the house.
2. To help the elderly and be compassionate towards the poor is an essential part of human life.
3. Show children on a day-to-day basis how to do their own beds, keep their room clean, helping in the kitchen and with other small chores.

Please Note: Helping here does not mean that making children do odd jobs. Any of such work is against the law and is punishable under the Child Labor Act.

Do you help your mummy and daddy?

Isn't it fun to help in watering the plants
or stirring the pot while cooking?



What do you understand by helping your family?

Helping does not mean doing big activities.

Let us see how you can help your parents.



Giving a glass of water to your parents when they get back from work.



Ask Your parents how they feel. Whether they are happy or sad.



Greet them "Good morning" when you wake up.



Say thank you If someone helps you.



Say sorry if you hurt someone.



Help your parents when they do
gardening.



Take permission and be involved in the activities that your parents are doing.



If you take something from somewhere. Keep it back in the same place. This will help your parents.



Do you think you can do little things around the house?



Awesome! Can you note down all the things you did to help your family and others?

