



Fostering Inclusion

KEEPING OUR HANDS CLEAN

GUIDELINES



Fostering Inclusion

What?

Positive social and emotional development is important. This development influences a child's self-confidence, empathy, the ability to develop meaningful and lasting friendships and partnerships, and a sense of importance and value to those around him/he

Helping children to identify and label emotions is an important first step

Why?

Children who understand and express emotions more easily have better empathetic and social skills, which can help to build relationships.

They even do better academically. Even before children enter school, they are taught which emotions are appropriate to express and how they should express them.

Interpersonal **skills** are also **important** for **children and** success in school involves both **social**-emotional and cognitive **skills**, because **social** interactions, attention, and self-control affect readiness for learning.

How?

Use the storyboard to teach.

Have games and activities.

Create scenarios to teach various emotions.

Teaching Instructions

1. Love your child and show your affection for them.
2. Hug, cuddle, read, and talk with them throughout the day.
3. Encourage your child to try new things.
4. Help them see what they are capable of.
5. Use words to describe basic feelings like sad, happy, angry and excited.
6. Feel sorry and understand, apologise when done something wrong – although you'll probably need to keep reminding.

How many times do you wash your hands in a day?

Would you like to learn how important hand washing is?

By keeping our hands
clean we keep germs
away.



Let us see what this video tells us.
Shall we?



<https://www.youtube.com/watch?v=-cI0q85K3Qc>

Wow! That was a helpful story!

Did you enjoy the story?
Awesome!

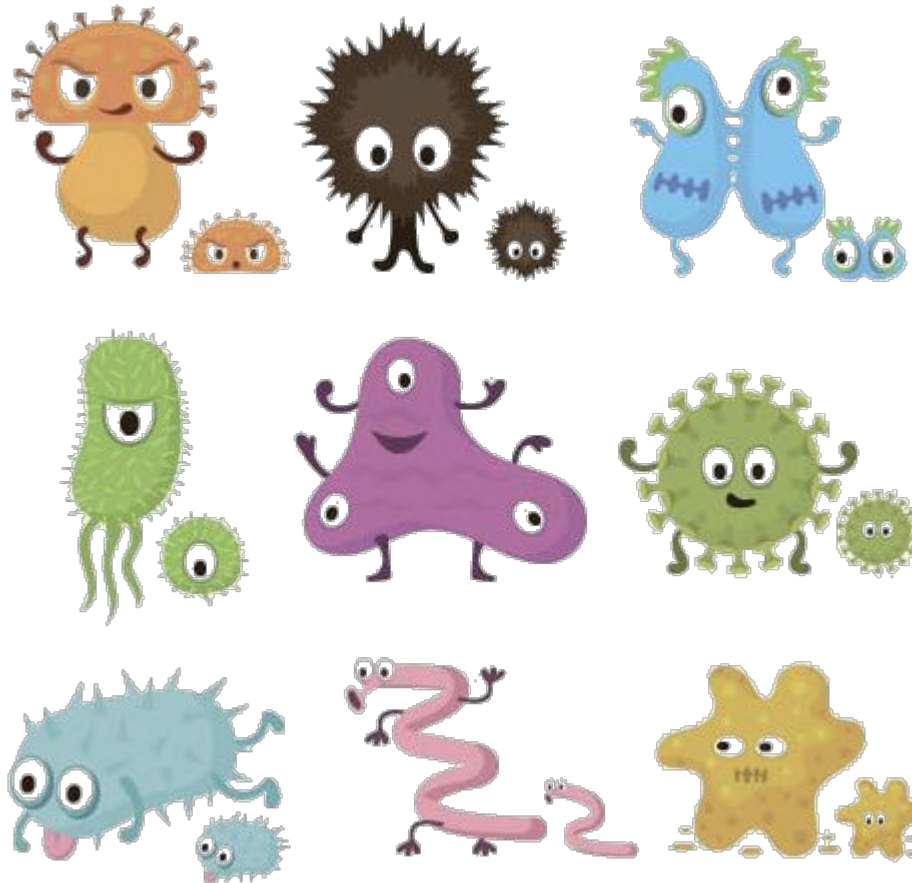


Let us see how much you have understood about hand washing.



Do you Know what germs are?

Right! Germs are tiny living things that can make you sick.



Can you see Germs?

No! Germs are so small that they can't be seen, except under a microscope.



What do you think will happen to you if you touch something that has germs on it?

The germs will get stuck to my hands and make me sick.



Do you wash your hands before and after having your meal?

Yes! I wash my hands before and after having my meal.



After playing with your pet will you wash your hands?

Yes! After playing with my pet, I will wash my hands.



Now, can you number the pictures in correct order?



Hope you enjoyed the activity!

Germs are not for sharing. :)



Keep your hands clean